

Adult Family Home Disclosure of Services Required by RCW 70.128.280

HOME / PROVIDER Vesta Adult family homes	LICENSE NUMBER 752496
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NOTE: The term “the home” refers to the adult family home / provider listed above.

The scope of care, services, and activities listed on this form may not reflect all required care and services the home must provide. The home may not be able to provide services beyond those disclosed on this form, unless the needs can be met through “reasonable accommodations.” The home may also need to reduce the level of care they are able to provide based on the needs of the residents already in the home. For more information on reasonable accommodations and the regulations for adult family homes, see [Chapter 388-76](#) of Washington Administrative Code.

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About the Home

1. PROVIDERS STATEMENT (OPTIONAL)

The optional provider's statement is free text description of the mission, values, and/or other distinct attributes of the home.

Vesta Adult Family homes promotes the dignity and self-worth of all of our residents. We continually strive to give our seniors a excellent quality of life. To that end, we encourage each resident to participate in activities that are meaningful to them. Our home is not just a care facility - it is their home and community.

2. INITIAL LICENSING DATE

09/20/2013

3. OTHER ADDRESS OR ADDRESSES WHERE PROVIDER HAS BEEN LICENSED:

4. SAME ADDRESS PREVIOUSLY LICENSED AS:

5. OWNERSHIP

- ☒ Sole proprietor
- ☒ Limited Liability Corporation
- ☐ Co-owned by:
- ☐ Other:

Personal Care

“Personal care services” means both physical assistance and/or prompting and supervising the performance of direct personal care tasks as determined by the resident’s needs, and does not include assistance with tasks performed by a licensed health professional. (WAC 388-76-10000)

1. EATING

If needed, the home may provide assistance with eating as follows:

We offer reminders, cueing, and total feeder

2. TOILETING

If needed, the home may provide assistance with toileting as follows:

assist with toileting and total assist

3. WALKING

If needed, the home may provide assistance with walking as follows:

Stand by assist, contact guard, and total assist

4. TRANSFERRING

If needed, the home may provide assistance with transferring as follows:

We assist with/transfers in and out of bed, into and out of chairs, and onto and off of toilets

5. POSITIONING

If needed, the home may provide assistance with positioning as follows:

We provide 2 q hour positioning and sooner if need

6. PERSONAL HYGIENE

If needed, the home may provide assistance with personal hygiene as follows:

We provide assist with brushing teeth, face washing, brushing and combing hair etc.

7. DRESSING

If needed, the home may provide assistance with dressing as follows:

We provide with assisting dressing total, partial, and when needed.

8. BATHING

If needed, the home may provide assistance with bathing as follows:

We provide bathing assistance twice a week for each resident, plus any PRN situations. Total and Partial

9. ADDITIONAL COMMENTS REGARDING PERSONAL CARE

Medication Services

If the home admits residents who need medication assistance or medication administration services by a legally authorized person, the home must have systems in place to ensure the services provided meet the medication needs of each resident and meet all laws and rules relating to medications. (WAC 388-76-10430)

The type and amount of medication assistance provided by the home is:

assistance and delegated tasks. Can not do injections other than diabetic insulin.

ADDITIONAL COMMENTS REGARDING MEDICATION SERVICES

Skilled Nursing Services and Nurse Delegation

If the home identifies that a resident has a need for nursing care and the home is not able to provide the care per chapter 18.79 RCW, the home must contract with a nurse currently licensed in the state of Washington to provide the nursing care and service, or hire or contract with a nurse to provide nurse delegation. (WAC 388-76-10405)

The home provides the following skilled nursing services:

Home Health agencies are provided for most of skilled services that are not delegable

The home has the ability to provide the following skilled nursing services by delegation:

Diabetic insulin injection/nurse delegated, Non-sterial wound dressing/nurse delegation, and Feeding tube with nurse delegation.

ADDITIONAL COMMENTS REGARDING SKILLED NURSING SERVICE AND NURSING DELEGATION

We can provide care that is nurse delegated by a Nurse delegator.

Specialty Care Designations

We have completed DSHS approved training for the following specialty care designations:

- ☐ Developmental disabilities
- ☒ Mental illness
- ☒ Dementia

ADDITIONAL COMMENTS REGARDING SPECIALTY CARE DESIGNATIONS

Even though we have alarms on door, Vesta Adult Family Homes can not accommodate active wanders.

Staffing

The home's provider or entity representative must live in the home, or employ or have a contract with a resident manager who lives in the home and is responsible for the care and services of each resident at all times. The provider, entity representative, or resident manager is exempt from the requirement to live in the home if the home has 24-hour staffing coverage and a staff person who can make needed decisions is always present in the home. (WAC 388-76-10040)

- ☒ The provider lives in the home.
- ☒ A resident manager lives in the home and is responsible for the care and services of each resident at all times.
- ☒ The provider, entity representative, or resident manager does not live in the home but the home has 24-hour staffing coverage, and a staff person who can make needed decisions is always present in the home.

The normal staffing levels for the home are:

- ☐ Registered nurse, days and times: _____
- ☐ Licensed practical nurse, days and times: _____
- ☒ Certified nursing assistant or long term care workers, days and times: **24 hours a day**
- ☒ Awake staff at night
- ☐ Other: _____

ADDITIONAL COMMENTS REGARDING STAFFING

Cultural or Language Access

The home must serve meals that accommodate cultural and ethnic backgrounds (388-76-10415) and provide informational materials in a language understood by residents and prospective residents (Chapter 388-76 various sections)

The home is particularly focused on residents with the following background and/or languages:

English

ADDITIONAL COMMENTS REGARDING CULTURAL OR LANGUAGE ACCESS

Medicaid

The home must fully disclose the home's policy on accepting Medicaid payments. The policy must clearly state the circumstances under which the home provides care for Medicaid eligible residents and for residents who become eligible for Medicaid after admission. (WAC 388-76-10522)

☐ The home is a private pay facility and does not accept Medicaid payments.

☒ The home will accept Medicaid payments under the following conditions:

Residents must have lived in home for 2 or more years before roll over to medicaid.

ADDITIONAL COMMENTS REGARDING MEDICAID

Activities

The home must provide each resident with a list of activities customarily available in the home or arranged for by the home (WAC 388-76-10530).

The home provides the following:

We provide the Wii game system, Arts and Crafts, and exercise

ADDITIONAL COMMENTS REGARDING ACTIVITIES

We allow residents to decide if they would like to participate in any of those activities.

Please Return the completed form electronically to AFHDisclosures@DSHS.WA.GOV

The form may also be returned by mail at:

RCS – Attn: Disclosure of Services

PO Box 45600

Olympia, WA 98504-5600